



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

This is a Level 3 Licensed Meet **3WM181796**
For entry into County and Regional Competitions.

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

VENUE	Central Baths, Wolverhampton, WV1 4EG
POOL	8 Lane - 25m pool - electronic timing - anti turbulence lane ropes
AGE GROUPS	9yrs; 10yrs; 11yrs; 12yrs; 13yrs; 14yrs; 15yrs; Open
AGE	Age as at 16 th December 2018
CLOSING DATE	Friday 16 th November 2018
EVENTS	50m All strokes – all age groups 100m All strokes – all age groups 200m All strokes – all age groups 400m Freestyle – all age groups 100m IM – all age groups 200m IM – all age groups 400m IM – all age groups Invitation skins

All events will be on a `Heat Declared` basis.



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

PROMOTERS CONDITIONS

- PROMOTER** The promoter of the Wolverhampton SC Summer Open Meet is Wolverhampton Swimming Club. (WSC) / Eliot Burns
- AWARDS** Awards will be given to the top 3 in each event/age category. There will be additional awards for overall Top Boy and Top Girl in each age category.
Points will be awarded: - 1st (8pts); 2nd (7pts); 3rd (6pts); 4th (5pts); 5th (4pts); 6th (3pts); 7th (2pts); 8th (1pt)
All awards must be collected on the day as we are unable to forward them after the event.
- INVITATION SKINS** The meet will be running invitation skins events based on the performance in the **200m Individual Medley**. The fastest 8 in each age group (see below) in this event will be invited to take part in the skins. Should any swimmer decline the invitation the next fastest will be invited.
There will be 2 age groups – Junior (12 years and under), Senior (13 years and over). Age will be as at 16th December 2018.
Awards will be given as follows: 1st place **£20.00**, 2nd place **£10.00** and 3rd place **£5.00** in each age group.
- ENTRIES** Qualifying times will be applied in all events. All entry times must not be faster than the published upper qualifying times & must have been achieved **since 17th December 2017**. In the event that an individual event is oversubscribed, entries will be accepted on a first come first served basis. Entries will be checked against the British Rankings & any swimmer found to have a ranking time that exceeds the entry time before the date of entry will be excluded from the event without refund.
Entry fee will be £7.50 per event for 400m events and £6.00 per event for all other events.
Closing date for entries will be 16th November 2018. We reserve the right to bring the closing date forward should the meet become oversubscribed.
Cheques should be made payable to **Wolverhampton Swimming Club**.
Entries should be made electronically using Sportssystem software, the entry packs/files can be obtained by emailing openmeet@wolverhamptonsc.co.uk it will also be available on our website www.wolverhamptonsc.co.uk
Where clubs have 5 or less swimmers, these entries can be made by paper entries, though electronic entries are preferable.
Full payments, along with any paper entries, summary sheets and coach pass applications, should be posted to: -
Mr. D. Swift
78 Arps Road, Codsall, Wolverhampton. WV8 1SQ
The date that entries are received will be classed as the entry date. Please ensure sufficient postage is paid on all entries. Envelopes with insufficient postage will not be paid for or collected from the Royal Mail. **Please do not send by Recorded or Special delivery.**
A list of all accepted and rejected swims will be posted to the Wolverhampton SC website shortly after the closing date has passed. Rejected swims will receive full refunds. Once entries have been accepted, no refunds will be given unless supported by a valid doctor's certificate.

NO entries will be accepted on the day of the meet.



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

- WITHDRAWALS** This meet is being run on a cardless basis. Clubs should withdraw any swimmers who are not competing at the meet organiser's desk 50 minutes before the start of each session.
- STARTS** Over the top starts may be used.
- RESULTS** Results will appear on Wolverhampton Swimming Club's website within 72 hours of the meet closing. Results will be submitted to the ASA.
- CAR PARKING** Free car parking is available at Central Baths, but spaces are limited and available on a first come first served basis.
- SPECTATORS** Entry £6.00 per day (£4 half day). OAP concessions of £3.00 entry per day (£2 half day). Friday evening – no charge for entry.
Children under 5 years free to all sessions.
- REFRESHMENTS** Refreshments can be purchased from the Costa coffee bar located in the main reception area of the swimming baths.
- COACHES
PASSES** A maximum of 2 coaches' passes may be purchased per club to include a programme and refreshments.
Cost per pass will be £10.00 per day, £5.00 for Friday evening (including refreshments and programme) or £20 for a full weekend pass. All team managers/coaches **must** have an up to date DBS certificate.
Applications for additional passes can be made, subject to, and at the discretion of the Meet Promoter.
Passes must be worn at all times, and must be purchased in advance.
NO poolside passes will be available for purchase on the day of the meet
There will be no access to the poolside for anyone who does not have a poolside pass.
- OFFICIALS** It is requested that all clubs try to provide at least one licensed official for each day and session please. Lunch and refreshments will be provided.
- SWIM SHOP** A swim shop will be in operation throughout the meet.
- PHOTOGRAPHY** **Photography is strictly prohibited on poolside at any time in accordance with the WV Active centre policy.**
- GENERAL** Any point not covered in the above will be at the discretion of the Promoter.

**WOLVERHAMPTON SC CHRISTMAS OPEN MEET**

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018**Upper Qualifying Times****Male**

Event	9	10	11	12	13	14	15	16/OV
50m Freestyle	00:32.37	00:32.37	00:31.00	00:28.39	00:26.27	00:25.31	00:24.76	00:23.30
100m Freestyle	01:11.92	01:11.92	01:06.43	01:02.47	00:59.31	00:55.82	00:54.27	00:50.80
200m Freestyle	02:39.57	02:39.57	02:19.42	02:13.55	02:08.36	02:01.86	01:57.53	01:52.00
400m Freestyle	05:36.00	05:36.00	04:50.98	04:38.22	04:29.81	04:11.96	04:08.18	03:59.80
50m Backstroke	00:37.01	00:37.01	00:36.24	00:31.86	00:31.20	00:29.81	00:27.52	00:26.50
100m Backstroke	01:19.04	01:19.04	01:14.88	01:10.54	01:06.26	01:03.46	00:59.37	00:56.70
200m Backstroke	02:51.77	02:51.77	02:38.73	02:32.82	02:22.12	02:17.82	02:07.21	02:04.00
50m Breaststroke	00:43.66	00:43.66	00:39.43	00:36.46	00:32.77	00:32.21	00:31.17	00:29.50
100m Breaststroke	01:34.84	01:34.84	01:28.39	01:18.68	01:11.70	01:12.34	01:07.18	01:04.00
200m Breaststroke	03:15.05	03:15.05	03:07.24	02:50.52	02:35.50	02:34.14	02:27.12	02:20.50
50m Butterfly	00:34.71	00:34.71	00:33.60	00:31.42	00:29.00	00:26.73	00:26.13	00:25.40
100m Butterfly	01:18.85	01:18.85	01:14.35	01:11.05	01:01.72	00:58.80	00:58.54	00:55.90
200m Butterfly	02:59.44	02:59.44	02:40.86	02:34.16	02:19.17	02:07.48	02:06.00	02:05.60
100m Ind. Medley	1.19.00	1.18.00	1.15.50	1.12.50	1.10.50	1.08.50	1.05.50	1.00.00
200m Ind. Medley	02:53.40	02:53.40	02:40.97	02:35.65	02:19.33	02:19.00	02:12.40	02:06.20
400m Ind. Medley	06:00.00	06:00.00	05:38.93	05:21.35	04:56.98	04:41.35	04:37.44	04:31.50

Female

Event	9	10	11	12	13	14	15	16/OV
50m Freestyle	00:33.08	00:33.08	00:29.74	00:28.91	00:28.05	00:27.46	00:26.62	00:26.40
100m Freestyle	01:14.40	01:14.40	01:05.10	01:02.44	00:59.81	00:59.11	00:56.93	00:56.90
200m Freestyle	02:41.97	02:41.97	02:18.22	02:13.91	02:05.12	02:04.58	02:03.14	02:02.60
400m Freestyle	05:35.67	05:35.67	05:06.38	04:37.87	04:30.21	04:29.84	04:20.75	04:15.00
50m Backstroke	00:38.90	00:38.90	00:35.81	00:32.98	00:31.64	00:30.46	00:29.54	00:29.40
100m Backstroke	01:23.32	01:23.32	01:15.63	01:08.57	01:05.38	01:04.09	01:04.00	01:02.30
200m Backstroke	02:51.86	02:51.86	02:38.81	02:29.79	02:16.64	02:16.00	02:14.78	02:14.70
50m Breaststroke	00:42.25	00:42.25	00:37.17	00:36.50	00:36.12	00:33.81	00:33.80	00:33.50
100m Breaststroke	01:34.74	01:34.74	01:21.06	01:18.56	01:17.11	01:14.94	01:14.70	01:12.10
200m Breaststroke	03:22.01	03:22.01	02:54.89	02:47.39	02:44.50	02:41.75	02:41.31	02:35.00
50m Butterfly	00:37.08	00:37.08	00:33.42	00:31.21	00:30.20	00:29.38	00:29.00	00:28.30
100m Butterfly	01:26.22	01:26.22	01:16.92	01:08.94	01:04.57	01:04.04	01:02.58	01:02.30
200m Butterfly	03:23.14	03:23.14	02:58.90	02:29.98	02:25.92	02:25.87	02:24.20	02:18.50
100m Ind. Medley	1.20.00	1.19.00	1.17.00	1.15.50	1.10.50	1.10.50	1.08.50	1.05.50
200m Ind. Medley	03:04.03	03:04.03	02:41.29	02:33.20	02:20.49	02:20.98	02:15.69	02:18.40
400m Ind. Medley	06:01.01	06:01.01	05:36.12	05:18.87	05:00.62	04:53.92	04:51.22	04:47.55

(Short Course)**Qualifying times should be NO faster than those stated above.****Times must have been achieved since 17th December 2017.**



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

PROGRAMME OF EVENTS

Session One (Friday evening)	
Warm up:	5.30 p.m.
Start time:	6.00 p.m.

Event

1	Boys 400 IM
2	Girls 400m Freestyle
3	Boys 400m Freestyle
4	Girls 400IM

Session Two (Saturday morning)		Session Three (Saturday afternoon)	
Warm up:	8.30 a.m.	Warm up:	TBC
Start time:	9.30 a.m.	Start time:	TBC

Event

5	Boys 200 IM
6	Girls 100m Breastroke
7	Boys 50m Butterfly
8	Girls 100m Freestyle
9	Boys 200m Backstroke
10	Girls 200m Butterfly
11	Boys 50m Breastroke

Event

12	Girls 200m Freestyle
13	Boys 100m Butterfly
14	Girls 50m Backstroke
15	Boys 100m Backstroke
16	Girls 200m Breastroke
17	Boys 50m Freestyle
18	Girls 100m IM
19	Male Skins

Session Four (Sunday morning)		Session Five (Sunday afternoon)	
Warm up:	8.30 a.m.	Warm up:	TBC
Start time:	9.30 a.m.	Start time:	TBC

Event

20	Girls 200 IM
21	Boys 100m Breastroke
22	Girls 50m Butterfly
23	Boys 100m Freestyle
24	Girls 200m Backstroke
25	Boys 200m Butterfly
26	Girls 50m Breastroke

Event

27	Boys 200m Freestyle
28	Girls 100m Butterfly
29	Boys 50m Backstroke
30	Girls 100m Backstroke
31	Boys 200m Breastroke
32	Girls 50m Freestyle
33	Boys 100m IM
34	Female Skins



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

INDIVIDUAL ENTRY FORM

**WOLVERHAMPTON SC LEVEL 3
OPEN MEET 3WM181796**

(UNDER ASA LAW and ASA TECHNICAL RULES)

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

(Complete in block capitals)

Club.....

Forename..... Surname.....

ASA Reg No..... Male / Female (delete as appropriate)

Date of Birth..... Age as at 16th December 18.....

Address

Post Code..... Tel Number:

Email address.....

Event	Entry Time	Event	Entry Time
50m Freestyle		50m Butterfly	
100m Freestyle		100m Butterfly	
200m Freestyle		200m Butterfly	
400m Freestyle		50m Breaststroke	
50m Backstroke		100m Breaststroke	
100m Backstroke		200m Breaststroke	
200m Backstroke		100m IM	
200m IM		400m IM	

Number of entries @ £6.00 per event

Number of entries @ £7.50 per event (400m events)

Total entries Total Amount

Signature of Competitor..... Date

I hereby confirm the above particulars are correct SIGNED..... (Club Official)



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

LEVEL 3 OPEN MEET

(UNDER ASA LAW and ASA TECHNICAL RULES)

LICENSED BY THE ASA UNDER NO: 3WM181796

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

COACH PASS APPLICATION

This form should be used only for applying for coaches passes.
Clubs **must** have swimmers competing to obtain a coach pass.

Club:

Person's Name	DBS Number

A maximum of 2 coach passes per competing club. Applications for additional passes can be made, subject to, and at the discretion of the Meet Promoter. DBS Number must be supplied in advance of the meet, Coach passes **will not** be issued unless a valid DBS number has been provided.

Coaches Pass	Qty	Total £
1-day pass only (Friday eve)	@ £5.00 each	_____
1-day pass only (Sat or Sun)	@ £10.00 each	_____
Coaches Pass (Full meet)	@ £20.00 each	_____
<u>Total Passes</u>		_____

(Cheques payable to Wolverhampton Swimming Club)

I certify that all the above details are correct and that I will abide with the promoter's conditions:

Signed (Club Official): Date:



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

LEVEL 3 OPEN MEET

(UNDER ASA LAW and ASA TECHNICAL RULES)

LICENSED BY THE ASA UNDER NO: 3WM181796

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

SUMMARY OF ENTRIES

This form should be used as a summary of entries and coaches passes (separate application form required).
Entry to poolside will not be permitted without a coaches' pass.

Club:	Coach Passes Required:		
Total Entries	@ £6.00 per event	_____	_____
Total Entries	@ £7.50 per event	_____	_____
Coach Pass (Friday eve 1-day pass only)	@ £5.00 each	_____	_____
Coach Pass (Sat or Sun 1-day pass only)	@ £10.00 each	_____	_____
Coach Pass (Full weekend)	@ £20.00 each	_____	_____
	Total	_____	_____

(Cheques payable to 'Wolverhampton Swimming Club')

I certify that all the above details are correct and that I will abide with the promoter's conditions:

Signed (Club Official): Date:

All entries accepted on a first come first served basis, the date being when this form, along with full payment is received by the promoter

All Summary sheets and payments should be returned to:

Mr. D. Swift
78 Arps Road, Codsall, Wolverhampton. WV8 1SQ

openmeet@wolverhamptonsc.co.uk



WOLVERHAMPTON SC CHRISTMAS OPEN MEET

(Affiliated to ASA West Midlands Region and Staffordshire ASA)

Friday 14th to Sunday 16th December 2018

OFFICIALS - WE WOULD APPRECIATE YOUR HELP

Wolverhampton SC need many officials to run a successful open meet.

It is requested that all Clubs who enter more than 5 swimmers provide at least one licensed official per session.

If you are qualified and are willing to officiate at our open meet, could you complete the form below and return it with your club entries. Lunch and refreshments are provided.

We will contact you nearer the date confirming when we require your help.

Any help you can offer will be very much appreciated.

Name	Address	Contact No/Email	J1, J2, J2S, Referee	Sessions Available

Please complete this form with the hard copy of club entries or alternatively contact:
openmeet@wolverhamptonsc.co.uk